

Coconut Pudding – Gáudio Fortified

The most part of the traditional portuguese pastry uses eggs, dry fruits, pastas and sugar. The coconut pudding is a dessert marked by the egg in combination with the coconut. Being a dish with high levels of sugar, the choice of wine has to be careful. The sweetness of the wine, should be bigger than the sweetness of the dish. As the "grand finale" of the whole meal is the dessert, we chose Gáudio Fortified, for this moment, because it's a wine with intense aromas, a fresh fruit with a long and persistent finish, which contrasts perfectly with the different coconut pudding textures.